

# UPPER SKEENA RECREATION CENTRE NEWSLETTER

August 2023

## Summer 2023

Summer day camps ran through the month of July with 30 children participating in games, crafts and roller skating.



The Upper Skeena Recreation Centre is located on the unceded traditional Gitksan Laxyp of Wilp Nikate'en.

## About the USRC

The Upper Skeena Recreation Centre (USRC) is owned by the Regional District of Kitimat-Stikine (RDKS) and operated by Recreation Excellence. The USRC operations is funded by three local governments, (the Village of Hazelton, the District of New Hazelton, and the RDKS), grants, and donations.

## Fall 2023 Programs

- Taekwondo
- Figure Skating
- Hockey
- Dance

## Did you Know?

The USRC offers:

- Public Skating
- Fitness Centre
- Ice Rentals
- Senior's programming







# National Health Leaders

# Health and Wellness Week

## NHL Event

The Upper Skeena Recreation Centre played host to a number of health and wellness events August 14<sup>th</sup>-18<sup>th</sup>.

Attending the event were youth from across the Upper Skeena as well as former National Hockey League (NHL), current NHL players and current and former team Canada players.

On August 14<sup>th</sup> there was a welcome in Anspayaxw, a free community skate and a welcome dinner. Activities continued August 15-18 with on ice training as well as dry land training.

On behalf of the Upper Skeena communities the Upper Skeena Recreation Centre Advisory Committee thanks the Power to Give foundation for the financial support that made this event possible. A big thank you to all the volunteers, coaches, athletes that made this week a success.

## Advisory Committee

The Upper Skeena Recreation Centre Advisory Committee would like to welcome Josie Sterritt to the Committee. Josie joins the board as a Director at Large.



HEART OF THE HAZELTONS  
upper skeena recreation centre